

Women's Journey Leadership Overview



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A Woman's Journey of Discipleship

The heartbeat of the Mission is to . . .

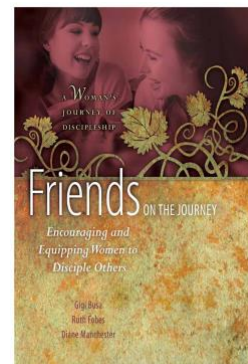
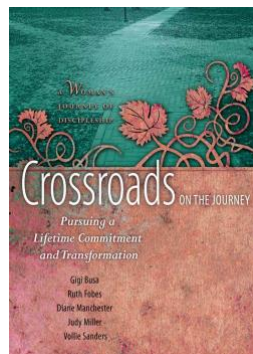
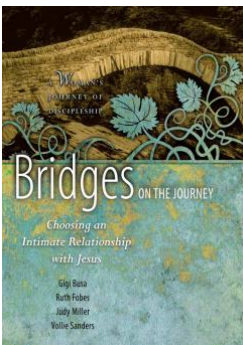
- . . . **Encourage** women to know Jesus and become like Him, as He transforms their minds, wills, and emotions.
- . . . **Empower** women to embrace God's vision and passion
- . . . **Equip** women with the skills for the lifelong joy of discipling others.

A Woman's Journey of Discipleship Video



Welcome to A Woman's Journey of Discipleship

- ❖ One of the greatest journeys you'll ever take.
- ❖ More than a Bible study ... A discipling process designed by women for women
- ❖ Created to be used in small groups or in life-to-life relationships.
- ❖ Uniquely designed to fit into a church calendar year (September-May)
- ❖ Is sequential, but each book can stand-alone.



Bridges on the Journey
(Book 1) . . . introduces you to your life in Christ. This first book of the series will help you form habits and attitudes that will result in intimate relationships with God and any gifts or God's love to others. spiritual growth.

Friends on the Journey
(Book 3) . . . Equips you to invest your life in others. This process will empower you with God's vision and provide skills for a lifelong ministry of discipling others.

Roadmap for Life

| Who Benefits | What Book | How to Proceed | Key Outcomes |
|--|----------------------------------|---|---|
| Spiritually Interested, new Believers | Bridges | Life-to-life, small group relationships | Commitment to follow Jesus; beginning to grow and experience God daily |
| Those desiring to grow in their faith | Bridges | Life-to-life, small group relationships | Fills gaps for basic Christian living; forms habits and attitudes to grow in intimacy with God |
| All women in and beyond the church | Crossroads | Life-to-life, small group, mentoring, leadership development | Develops biblical convictions leading to Christ-centered decision making; deepens walk with Christ; motivates to pass on God's love |
| Women moving toward spiritual maturity | Friends | Life-to-life, small group, mentoring, leadership development | Equips for life investment in others; empowers with God's vision, and provides skills for lifelong discipling |
| High school and College students | All three books | Life-to-life, small group relationships | Motivates and equips for spiritual maturity and a lifelong ministry of discipling others |
| Women outside church | Bridges, Crossroads, and Friends | Life-to-life, small group relationships | Equips for life through developing biblical convictions; deepens walk with Christ; motivates toward generational discipleship |
| Leaders and Small group leaders | Crossroads Friends | Life-to-life, small group, leadership development; Transformational Leadership workshop | Grows mature disciples through quiet time and scripture memory; provides skills in equipping others in leadership skills; motivates toward generational foundations |



Answers to your Questions

Who is it for?

- All women; books are progressive with specific target audiences and outcomes – for details see “Women’s Journey of Discipleship Roadmap”
- Leader development – especially Crossroads and Friends

What is unique about these books?

- Not just a Bible study, but a process for transformational spiritual growth and leadership development; differentiates between Bible study and daily quiet times
- Written by seasoned women disciplers, specifically for women
- Highly relational
- Unique components and tools

How do I integrate these into my women’s ministry?

- May be used as a part of an overall women’s ministry plan, or it can be used more pervasively to move toward an overall culture of discipleship
- Can be used specifically to train women leaders, or for leadership development. *Friends on the Journey* (Book 3) can build generational thinking for your women leaders.
- Can be used with one or more small groups, or, all your small groups; and also, one-one (or life on life) groups.

Can I use it with minimal training?

- Yes. There are leaders’ guides in the back of each book, along with downloadable tools and tips. Materials are easy to use and have guidelines in each chapter. Also at the beginning of each book, there are explanations of each component and how to use.
- Leaders have access to the website for additional tools and tips
- CD is available with contents of Leaders’ Kit

How do I get started?

- Purchase *Bridges on the Journey*, *Crossroads on the Journey*, and *Friends on the Journey* at www.navpress.com or go to NavigatorsChurchMinistries.org for more information
- Pray
- Plan and begin



What others say about . . .

A Woman's Journey of Discipleship . . .

A Journey With Jesus

A Woman's Journey of Discipleship was just that—a journey with Jesus. I felt like I was one of the 12 disciples, looking over their shoulders wanting to be right up front and close to Jesus, like John soaking in His every word. Journaling during this study drew me into a closer relationship with Jesus. This study has given me the tools to disciple other women, which I am now in the process of doing.

It's Life-Changing

Friends was life changing! It gave me a course to follow and to keep on track and in touch with my Savior. My communication with God has become more personal, more refreshing, and more honest. I was given tools to keep me balanced as I minister to other women. Journaling has become my constant companion. It is where I note my insights into the Word, my prayers, my heart's disturbances, my joys, and most importantly His leading for my life. I thank the authors for writing in a way that they were able to disciple me when no one was available to do that work.

A Great Tool to Equip, Motivate & Encourage

We couldn't say enough about how we loved this study. It is a wonderful tool to equip, motivate, and encourage our women's ministry leaders to be more intentional about ministry and about relationships. It has a good balance of engaging stories and in-depth Bible Study. The relational approach effectively models the kind of ministry we're called to.

Real Life Stories

I loved how *The Journey* gave real life experiences and then led me straight to the Word for guidance.

Building a Spiritual Foundation

These studies are effective both for helping new believers get a spiritual foundation for their faith and for deepening the walk of believers to help them develop into leaders with a vision to invest themselves in others for God's Kingdom.

Fulfills the Great Commission

Through this study I'm reminded that the Great Commission is a serious call from God. I need to have the urgency to consistently extend God's kingdom. I've learned to have more compassion and patience for those I disciple and to know what to do in sticky situations that require more wisdom and grace. This study has really broken down the role of discipleship for me so I can clearly see what I need to do.

Confidence to Minister to Others

This study motivated and challenged me to stay in God's Word and get back into memorizing scripture. God used this study to encourage me and give me enough confidence to lead other women through this study. Thank you for the investment you have made in discipling women and for providing these excellent resources to equip and empower us to do the same!

Leadership Development Chart

| | L1 (Leader in Prep) | L2 (New Leader) | L3 (Experienced Leader) | L4 (Developer of Leaders) |
|---------------------|---|--|---|--|
| Competencies | Available Follow-through Desire to serve | Delegation Team player Becoming grounded in the Word of God Learning to be a servant leader Developing people skills Understands & takes ownership in the vision and ministry Is prepared in leading | Equipper Empowers Embraces the vision Problem solver Effective use of spiritual gifts Effectively relates to non-Christians Has well prepared testimony Effectively presents a gospel illustration Is effective in biblically relating to non-Christians Rightly handles God's Word Leads as a Servant Leader Has a good balance of life and ministry priorities | Strategic Architecting Is an influencer towards God's purposes Accepts responsibility in leadership role Is able to encourage and equip others to grow spiritually Knows how to reproduce spiritually Is able to handle conflict |
| Character | Willing A learner Trustworthy Relates well with other people | Teachable Passion for God Serves others Submissive to authority Is learning to apply principles of the Scriptures to everyday life Is trustworthy in confidentiality Prayer life is active Learning to seek & trust God Heart to see others grow | Focused on others Submissive Faithful Self-control Disciplined and diligent Passion for God Obedient to the Lordship of Christ Is applying scriptural principles to everyday life Seeks God's wisdom Repentant of sin | Self-aware Servant heart Humble Has a deep love for God Personal integrity Christ likeness evidenced by fruit of the Spirit Personal vibrant relationship with God |
| Knowledge | Knows the Gospel Beginning to see the vision and purpose of ministry | Knows how to have a Quiet Time Scripture Memory Engaged in Bible Study Knows priorities regarding family, ministry, etc. Learning leadership skills Knows doctrine of the local church Knows basic discipleship principles | Loves and serves others Growing in leadership role Practical scriptural applications Discerns the will of God Understands spiritual growth phases Knows how to share faith Living Christian family principles Life-long learner Servant leader | Understands truth over emotions Deep understanding of the Word Is developing a biblical philosophy of ministry within gifting & skills Understands the work of the Holy Spirit Has studied the ministry of Christ as a model for believers |

| | L1 (Leader in Prep) | L2 (New Leader) | L3 (Experienced Leader) | L4 (Developer of Leaders) |
|----------------------------|---|---|--|---|
| Behaviors | Serves others Trustworthy Competent Unselfish | Seeks out learning opportunities Keeps confidences Is involved in a local church Seeks out Christian community Remains in contact with women she is discipling | Consistent walk with God Connected to community Prioritizes well Has shared grace story Disciples/Mentors others Takes time to listen Good stewardship Is involved in generational discipleship | Passionately pursues God Engaged in Christ-like relationships Demonstrates stewardship Shares grace story regularly Uses spiritual gifts Accountable Is reproducing disciples Influences others Releases new leaders –not holding on Deep understanding of the Word Gives grace to others |
| Developmental Needs | Vision casting Training in ministry skills Understanding expectations Team player Selected co-leader Understanding the Gospel Growth in discipleship | How to bear spiritual fruit Leadership skills Balance and margin Understanding expectations Leading through a Christ-centered life Spiritual Gift profile—best fit & best use gifts – design, temperament Mentoring relationships. Learning to use the Bible as guidebook. | How to love as Christ loved Student of Jesus and His ministry style Mentoring Continued development of spiritual gifts Growing in leadership skills | Training in leadership skills--encouraging, equipping How to reproduce spiritually How to lead with grace How to lead with a shepherd's heart |

Tools to Move Forward On The Journey

Leader in Prep

- Bridges on The Journey (NavPress)
- The Bridge Illustration (NavPress)
- 7 Minutes With God (NavPress)
- The Topical Memory System (NavPress)
- Beginning with Christ (NavPress)

New Leader

- Crossroads on the Journey (NavPress)
- Spiritual Gift Test
- Tyranny of the Urgent – how to set priorities (InterVarsity Press)
- Feeding Your Soul, *A Quiet Time Handbook*, (Jean Fleming, NavPress)
- Profile of a Disciple - (Navigators Church Ministries Bible study)

Experienced Leader

- Crossroads on the Journey (NavPress)
- Celebration of Discipline, Robert Foster (Harper Publishing)
- The Way of a Worshiper, Buddy Owens (Purpose Driven)
- What's So Amazing about Grace, Philip Yancey (Zondervan)
- Growth Stage Assessment (Navigators Church Ministries)
- The Five Dysfunctions of a Team, Patrick Lencioni, (Jossey-Bass)
- The Four Obsessions of an Extraordinary Executive, Patrick Lencioni, (Jossey-Bass)

Developer of Leaders

- Friends on The Journey (NavPress)
- Holiness Day by Day, Jerry Bridges (NavPress)
- The Mentor Handbook, Dr. J. Robert Clinton, Dr. Richard Clinton (Barnabas Publishers)
- The Adventure of Discipling Others, Ron Bennett and John Purvis (NavPress)
- Leaders Who Last, Dave Kraft (www.timelinebooks.com)